

# SPIRIT TIMES

Whiteman Air Force Base, Mo. www.whiteman.af.mil

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Volume 44

By Senior Airman Joseph Buzanowski Air Force Print News

WASHINGTON (AFPN)—The Department of Defense released the results of the quadrennial defense review Feb. 3 here.

"The QDR guides and supports Air Force transformation in pursuit of key joint, interdependent combat capabilities that enable us to deliver more sovereign options for the defense of the United States of America and its global interest," said Lt. Gen. Stephen G. Wood, Air Force deputy chief of

staff for strategic plans and programs.

The QDR is a congressionally mandated review of how the armed forces plan to fund current and

future projects specific to each service.

"The QDR was an exhaustive look at how each service operates and supports the combatant commanders now, as well as how they will support them in the future," General Wood said. "The studies and analyses provide us a guidepost that will improve the capabilities and sovereign options the Air Force provides the president.'

The QDR re-affirmed the strong role the Air Force plays in special operations and irregular war-fare. Furthermore, it added strength to that effort with increased combat aviation advisors, dedicated Predator units and recapitalization of the special

operations fleet.

In addition, the QDR reinforced the Air Force importance in emerging missions and strengthening the Air Force's role in space and cyber operations. To underwrite investment in new capabilities, the QDR calls for easing restrictions so the Air Force can trim the number of older aircraft it operates such as the C-130 Hercules, KC-135 Stratotankers and B-52 Stratofortresses, he said.

General Wood is positive about the Air Force's future based on the initiatives in the QDR.

"The QDR process was a reaffirmation we're headed in the right direction," he said. "Several credible and independent agencies both in and outside DOD examined the needs of the Air Force and came to the same conclusions we have -- that flexibility, stealth, speed and new advanced technology

### **QDR Highlights**

- Plans for a new long-range bomber by the year 2018
- Plans for a significant increase in the fleet of unmanned aerial vehicles
- Plans for more special operations forces
- Plans on fielding more battlefield Airmen to support our sister services on the ground
- Airmen trained to fight with emerging technologies, such as protecting the nation through cyberspace
- The QDR reflects a continuum of change that has gathered significant momentum since 2001
- The shift away from size, predictability, and mass toward agility, speed, and pre-cision must continue to characterize the overall operations of the Department of **Defense**
- The Global War on Terror requires the U. S. military to adopt unconventional and indirect approaches
- The DoD must continue to organize, train and equip forces capable of preventing, deterring, or defeating conventional forces of nation-states

are necessary for our ability to project airpower and support our Soldiers, Sailors, Airmen, Marines and Coast Guardsmen."

"The Air Force is focused on the global war on

terror and we'll continue to transform the force to provide combatant commanders with the tools they need," General Wood said.

Those transformations will affect the total force from added weapon systems to a decrease in manpower. The Air Force will further reduce its strength by roughly 40,000 Airmen; 88 percent will come

# R directs Air Force future One Michigans Retirement of the Chief

WASHINGTON (AFPN)—The 14th chief master sergeant of the Air Force, Gerald R. Murray, announced plans to retire this summer after serving more than 28 years. Chief Murray has served as the chief master sergeant of the Air Force since July 1, 2002.

'I've grown up as an Airman," Chief Murray said. "The Air Force has been a way of life for me for so long, I know it will be bittersweet

to say farewell.

'I've been tremendously blessed in my personal and professional life and I owe a great deal to those Air Force leaders, mentors and peers who helped me throughout my career," he said. "I have found that the Air Force has

given back to my family and me 10 times what I have given to it, and I am truly grateful."

Chief Murray enlisted in October 1977 from his Boiling Springs, N.C., hometown, but he feels the Air Force will always be something he calls home.

"I'm also grateful to have represented the best enlisted force in the world to our senior leaders, to Congress and to the American public," Chief Murray said. "It's truly been an honor to serve with such outstanding Airmen and great Americans. While my retirement will take me away from active duty status, I will always be an Airman."

Chief Murray's official retirement date

is Oct. 1, but a formal ceremony and appointment for the 15th chief master sergeant of the Air Force is planned for June 30. The Air Force chief of staff selects the individual to fill the position of chief master sergeant of the Air Force. Each major command and direct reporting unit commander and deputy chiefs of staff can nominate potential successors from

within their respective commands.

Chief Murray is scheduled to visit Whiteman April 3-4.





# **Stealth takes the sky**

Units from across the Air Force, Navv. Marine Corps, Australia and the United Kingdom are participating in the second part of Red Flag, an exercise which started Monday, at Nellis Air Force Base, Nev. More than 130 aircraft and 2,500 personnel are simulating air wars over the Nellis Test and Training Range during day and night missions through Feb. 18. More than 200 Whiteman members and three B-2s are taking part in the event.

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# SPIRIT TIMES

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The deadline for article submissions to the Spirit The deadline for article submissions to the *Spirit Times* is noon Friday. If a holiday falls on Friday, the deadline then becomes 4 p.m. Thursday. Articles will be published on a space-available basis. Submission does not guarantee publication.

For more information, call the *Spirit Times* office at 687-6133, e-mail: spirit.times@whiteman.af.mil, fax us at 687-7948, or write to us at: 509th BW/PA, 509 Spirit Blvd. Ste. 111

Whiteman AFB, Mo. 65305

# Air Force Quiz

What does the acronym TAP stand for and for and why is it important?

Whiteman's 9er Line provides a communication channel for you to obtain information and assistance in making Whiteman a better place to live and work Before calling the 9er Line, try to resolve your problem with the responsible base agency. If you've exhausted all the normal avenues to resolve the situation, then call Brig. Gen. Chris Miller, 509th Bomb Wing commander, at 687-3119 or e-mail 9r.Line@whiteman.af.mil.

# **Need a Wingman?**

Confidential crisis counseling available 24/7 Call the Whiteman Help Hotline: 866-395-4357

ily support center at 687-7132 For more details about TAP call the famrating or retiring from the military. bers and their dependents either sepa-TAP course is available to military mem-Transition assistance program — The

Air Force Quiz answer

# Commander's Corner —

# Setting QOals

By Col. Eric Single

509th Bomb Wing Vice Commander

hen was the last time you really challenged yourself? Do you have a personal game plan to make yourself a better person and a better Airman?

Earlier this week, I had the opportunity to watch as three young people received Congressional Awards for setting and achieving a series of goals they had designed to improve themselves.

Last year, these young men and women set out on a self-imposed mission to challenge themselves in four areas: voluntary public service, personal development, physical fitness, and expedition/exploration. They didn't do it for school credit, monetary gain, notoriety, or because anyone required them to, they did it because they are all internally driven to succeed.

We can all learn from the shining example set by these young men and women ... they aren't content to sit idly by and take what life sends their way.

They are aggressively pursuing lofty goals and objectives to guarantee their continued future success.

Whether you are a young man or woman just beginning your professional career, or an experienced veteran with a long work history, setting personal goals is important to your continued growth throughout life. The type of goals you set may change as you progress through the major milestones of your lifetime,



Photo by Tech. Sgt. Joan Anderson-Brown

Col. Eric Single, 509th Bomb Wing vice commander, Samantha Wielert, Brandon Wielert, and Senior Airman Joseph Nelson, 509th Aircraft Maintenance Squadron, listen to Congressman Ike Skelton speak during a Congressional Award presentation Sunday at the community activity center. For more information about the award winners turn to Page 8.

but the importance of setting them never does. Don't settle for "good enough" when you can achieve excellence.

In today's society it is wonderful to see young people taking their destiny into their own hands. It seems we hear too often about the shortfalls of today's "McDonald's generation": they are overweight, unmotivated, in poor physical shape ... you get the picture. But the reality is that there are still many people who value accomplishment and selfimprovement. The three medal recipients I met Sunday represent the future of our society. Two of them are still students, one in high school and one just beginning college; the third is one of our own Airmen, stationed right here at Whiteman. They are all motivated, intelligent, energetic, and well-mannered.

If you need further proof, just look around you at our Whiteman junior

enlisted troops and company grade officers. You won't find a sharper bunch of individuals all working together to achieve a common objective.

They are studying, participating, and improving themselves every day. They run programs like Airmen Against Drunk Driving and participate in a myriad of off-base activities ... not because they have to, but because they want to. Many have personal and professional goals that they have set for themselves, and they are actively involved in the process of personal growth.

Did I mention that of our three medal recipients, two of them have participated in the program for multiple years and the third has already set additional goals for the next year?

Sometimes we can learn a lot from those less experienced than ourselves.

# Today's readiness — a 20-year evolution

### By Senior Master Sgt. **Don Carney**

509th Mission Support Group superintendent

eadiness in the Air Force today is not just a lesson in professional military education, a section in the squadron or a buzzword at the latest confer-

ence ... it's a way a life. When you think of the word readiness, it conjures up visions of Airmen supporting expeditionary operations worldwide. Airmen carrying out missions that 20 years ago were only in plans and training scenarios that are now a daily part of our Air Force culture.

The evolution of readiness has moved forward with incredible strides over the past 20 years. While we are all extremely busy it's good to pause and reflect at how far we've really advanced.

In the 1980s we were primarily a garrison or in-place force with large overseas bases positioned during the Cold War. Troops could go an entire tour and not deploy

other than exercises and training. Mobility and deployments were brand new words for most functional areas but it was coming of age.

As we moved into the 1990s, there was monumental shift in what would become "normal operations". It was a brand new decade that began the post Cold-War era. And oh how it changed.

We were immediately called into action for Operation Desert Storm, where we learned many lessons on our readiness posture. How important it was to have your war skills, training and personal affairs in order to be ready for a tasking half-way around the world.

It was our largest operation since Vietnam and the Air Force rose to the occasion, moving thousands of personnel to Southwest Asia. Our people also responded by developing better ways to deploy logistically and func-

Throughout the 90s the readiness mission continued to evolve, shifting many

paradigms and becoming a faster and more lethal force. In 1999, we demonstrated how we could now stand up several air expeditionary wings and be ready for combat sorties in a matter of hours. This was Operation Allied Force, the air war over Serbia which demanded rapid responsive forces. Our warrior Airmen met the challenge head on.

Our Air Force has deployed continuously for more than 15 years as we continue to fight the war on terror. Our Airmen are showing that readiness is their number one job. As we deployed Air Expeditionary Force 9/10 last month it was an incredible demonstration of how far we have progressed in our readiness posture – with hundreds of team Whiteman's finest troops deploying and making it look as smooth as a B-2 taking off into the blues skies.

Today's Air Force is prepared and trained better than ever, but it doesn't stop there. Our Airmen have the right mindset and tenacity to carry

"

Our Airmen are truly showing that to them 'readiness' is job number one and not just a buzzword during conversation.

"

out missions ranging from explosive ordnance disposal, to convoy operations, to front line services support in forward combat zones.

As we look back our Airmen should be extremely proud of how they've embraced the evolution of change in readiness. It is our people who are making the difference around the world in far away places like Iraq, Korea and Afghanistan.

It all comes back to one word ... readiness. Our Airmen are truly showing that to them "readiness" is job number one and not just a buzzword during conversation.

## **Newsline**

### **Enlisted all call**

There will be an enlisted all call 3 p.m. Thursday in the base theater. The guest speaker will be 8th Air Force Command Chief Master Sgt. Michael Sullivan.

### Scheduled airfield burn

The first scheduled airfield burn for 2006 will be Saturday-Monday. Emergency response personnel will be on-site to control the event.

Whiteman members are asked not to phone the base fire department or security forces during this time to report unusual smoke from the flightline.

Alternate event days are scheduled for each weekend through the end of March.

For more information, call Master Sgt. Todd Lewis, 509th Operations Support Squadron, at 687-6101 or airfield management operations at 687-3101.

# **WSA** to conduct munitions inventory

The weapons storage area will conduct a munitions inventory Feb. 27-March 3. All munition transactions must be completed no later than Feb. 24.

Only valid emergency issue requests will be processed during the inventory. If there are any questions, call munitions accountability at 687-8023.

### **CMSU offers free basketball tickets**

Central Missouri State University offers free tickets to military ID cardholders and their family members for the CMSU vs. Missouri Western basketball games Feb. 18.

The Jennies' (women) play at 1:30 p.m. and the Mules' (men) play at 3:30 p.m at the CMSU Multipurpose Building. Tickets are available in the public affairs office, Bldg. 509, Suite 111. The first 150 members who show their DoD ID cards at the game will receive a free food voucher.

For more details, call the public affairs office at 687-6123.

### **New location for history office**

The history office has moved from the Oscar-01 Missile Launch Control facility to the 509th Bomb Wing Headquarters building, Bldg. 509 suite 214B.

Margaret DePalama, the 509th BW

historian, can be reached at 687-1145. Members inquiring about Oscar-01 may still contact Tech. Sgt. Phil Fleming, 509th BW, at 687-6560.

# **Dental clinic to hold demonstration**

February is Children's Dental Health Month and the Whiteman dental clinic will hold an impromptu demonstration about dental health topics.

The demonstration will be 10 a.m.-noon

Saturday in front of the base exchange. For more information, call the dental clinic at 687-2201.

### **Apply for LEAD program**

The application deadline for the Air Force Leaders Encouraging Airman Development program has been extended to Wednesday. This program is for commissioning through the Air Force Academy.

For more information, call Larry Broudrick at the education center at 687-5750.

# **Space A-lodging**

All active duty, retired, Reserve or Guard members, Department of Defense civilians and family members of authorized personnel are eligible for space-A lodging reservations throughout the military. Reservations can be made up to 30 days in advance, space permitting. Call the Whiteman Inn at 687-1844. For more info on lodging at Air Force bases, call 1-888-AFLODGE (235-6343).

# 442nd Fighter Wing earns unit award

By Maj. David Kurle

442nd Fighter Wing Public Affairs

The 442nd Fighter Wing received the Air Force Outstanding Unit Award for 2005.

In a letter dated Feb. 5, Maj. Gen. Allan Poulin, Air Force Reserve Command vice commander, named the 442nd Fighter Wing as a recipient of

the award along with 20 other Air Force Reserve units.

"It gives me great pleasure to announce the Reserve units selected as recipients ... for 2005," General Poulin said. "Members of these organizations should be extremely proud of their many achievements and contributions resulting in this prestigious award."

"Well deserved," said Col. Patrick Cord, 442nd FW commander. "This is an award for the entire wing and everything we've done.

"I'm just ecstatic that we got this award to recognize our outstanding people," he added.

After Headquarters AFRC finalizes the award elements,



information on the presentation of awards will be forthcoming, according to General Poulin.

This is the fifth Air Force Outstanding Unit Award for the 442nd FW.

# Air Force releases uniform board results

**WASHINGTON** (**AFPN**)—The 97th Air Force Uniform Board released their newest results for proper wear of the uniform.

The board met in October and discussed everything from eliminating the Air Force Good Conduct Medal to maternity uniforms.

In addition, a Headquarters Air Force badge will be available this summer. The badge provides a distinct identification of military staff members assigned to the Air Staff and the Air Force Secretariat. Details about this badge will be available at a future date.

The following changes are effective immediately:

- Approval to wear the blue nametag with the Air Force informal uniform -the member's abbreviated rank and name will be on one line. This uniform is worn by recruiters, honor guard, enlisted aides, chaplains, chaplain assistants, world-class athletes, and fitness center and health and wellness center staffs.
- Cummerbund pleats will face up in
- If due to a temporary medical condition, such as chemotherapy, results in baldness, commanders will authorize the approved American Cancer Society cap, wigs or baldness while in uniform.
- Bracelet size is reduced to one-half inch. Bracelets that support a cause, philosophy, individual or group are not authorized. Traditional POW/MIA bracelets are still permitted. Gemstone and tennis bracelets are only authorized while wearing the mess dress.
- Rings will be worn at the base of the finger and will not be worn on the thumb. Wedding sets count as one ring.
- Eyeglasses will not be worn around the neck, on top or back of the head or hanging on uniform.

- Epoxy blue nametag is optional on the blue shirt.
- Wear of the firefighter duty badge is authorized while an individual is assigned a 3E7X1 duty Air Force specialty code, including periods of professional military education and staff tours above group level.
- Wear of the security forces duty badge and beret is authorized while an individual is assigned a 3PXXX duty AFSC position and is also their primary AFSC, including PME attendance and staff tours above group level.
- The Air Force Good Conduct Medal will no longer be awarded. Previously earned medals are still permitted.
- Mandatory wear of the physical training uniform is set for Oct. 1 as per the instructions released last November.
- Cell phones, pagers and personal digital assistants must be solid or covered in black, silver, dark blue or gray, and must be conservative. They may be clipped to the left side of the waistband or purse or carried in left hand. Only one may be worn on the uniform belt. Members will not walk in uniform while using phones, radios or hands-free headsets unless required in performing official duties using a government-issued device.
- Permanent wear of the scuba badge is authorized on the battle dress uniform.
- While not deployed, desert combat uniforms may not be worn unless en route to the basic combat convoy course. "Deployed" for this purpose includes members traveling en route to/from rest and recuperative leave from the Central Command area of responsibility, as outlined in policy announced in mid-2005.

This session of the Air Force Uniform Board included a special panel that was specifically chartered to make recom-

mendations regarding updates/revisions to uniform standards affecting women Airmen. After careful review, the board approved several changes that affect women specifically:

- "Scrunchies" are prohibited.
- Hairpins and bands must match hair color.
- Hair color, frosting and highlights will not be faddish and will match natural hair colors, i.e. blonde, brunette, natural red, black or gray.
- No shaved head or flat top hairstyles for women.
- Synthetic hair can be worn, as long as it meets safety and mission requirements
- Braids, micro-braids and cornrows are authorized.
- Nail polish will not contrast with complexion or detract from the uniform. Nor is polish of extreme color, such as purple, gold, black, blue or any florescent color, authorized. Nail polish will also be limited to one color.
- French manicures are allowed, but fingernail length in all instances will not exceed one-quarter inch beyond the fingertip.
- In addition to clutch-style purses, purses with no more than two straps are authorized with mess dress.
- Earrings will be small spherical, conservative diamond, gold, white pearl or silver with any uniform combination and must be worn as a set. For those with multiple ear piercing, only one set of earrings will be worn in the lower earlobe and will also conform to these earring wear standards when performing duty in civilian clothes.
  - Male flight cap is optional.

The updates will be added to Air Force Instruction 36-2903 when the new version is released in March.

# And the winner is . . .



Gita Flory, a Proctor and Gamble sales representative, speaks to Senior Airman Michael Hutchins, 509th Maintenance Group, by telephone notifying him that he is the lucky winner of the 2005 Pontiac Sunfire. Airman Hutchins was the grand prize winner from nearly 3,000 entries. Other winners received a Sony entertainment center, bikes, MP3 players and shopping sprees from the commissary's grand re-opening Jan. 31.

# **Bringing 'em home**



Photo by 1st Lt. Mary Olsen

Tech. Sgt. Shannon Robbins (center), 509th Mission Support Squadron, received the Airmen Against Drunk Driving Outstanding Member Award. This award is presented quarterly to an AADD member who has given notable support to the organization. For more information on AADD call Tech. Sgt. Patrick Nededog, at 687-5175.

# AIR FORCE ASSISTANCE FUND: Caring for our own

### By Capt. Brian Clough

509th Maintenance Operations Squadron

You can almost hear the familiar refrain already. "I'm broke, I can't afford to give anymore," or "I just donated to the Combined Federal Campaign."

Yes, it's that time of year again, our chance to help our fellow Airmen in a tangible, substantial way.

The 2006 edition of the Air Force Assistance Fund campaign will run at Whiteman Monday-March. 26. As your installation project officer, I'd like a few minutes of your time to explain why this cause demands your consideration as a member of the Air Force family.

The AFAF is the primary fundraiser for four different charities, all of which directly impact the lives of Airmen or their families.

Those charities are the Air Force Village Indigent Widow's Fund, a retirement village for widows of career Air Force officers, the Air Force Enlisted Village Indigent Widow's Fund, an enlisted spouse retirement village, the General and Mrs. Curtis Lemay Foundation, which provides care for spouses of retired Air Force personnel of all ranks, and the Air Force Aid Society, which provides financial help to Active Duty, Guard and Reserve Air Force members.

All of these charities are clearly worthy causes as all support Airmen and all benefit from your generosity during the annual AFAF drive.

Since it has the most direct and 'local' impact on our teammates, I'll focus on the Air Force Aid Society.

This charity provides assistance to Airmen who may find themselves in a tight spot, usually due to circumstances beyond their control.

Whiteman members alone received \$182,590 in 2004 while only contributing \$44,746.

The stories of local members being helped by AFAS are limitless. Such as an airman 1st class that needed a plane ticket so she could go home for a family funeral, or the wife of a deployed staff sergeant who needed money to replace a transmission so she could take her children to the doctor's office.

Just the idea that one of our own could need this kind of help should be enough to inspire us all to give what we can. However, let me to go one step further and relate AFAS to our core values and the wingman concept.

Being a wingman requires more than words; it requires preparation. We don't ask people to recognize and prevent suicides without first providing them with suicide awareness training.

We don't wait for someone to collapse before we train on proper cardiovascular pulmonary resuscitation techniques. We likewise can't wait for Airmen to need financial assistance before we try to find money to help them.

We must systematically raise money now and manage those funds so they are



goals.

Graphic by Airman 1st Class Jacqueline Wilson

available when needed. The AFAF does all this for us.

Finally, if you are still unconvinced of the necessity to give to the AFAF you can still find ample motivation reflected in our core value, "Service before Self."

Few, if any, reasons to decline participation don't involve self. Even if you're uncommitted to the financial causes of the AFAF, you can still serve Team Whiteman's participation goal with something as simple as \$1 per paycheck.

Recent history shows your \$1 contribution returns as much as \$8 to the fund. You'll have the satisfaction of helping your comrades, while your unit benefits from reaching financial and participation If our base population reaches the meager goal of 50 percent participation in the campaign and meets our financial goal, we'll receive a cash reward to recognize our own achievement.

This is where the whole team is needed; no matter how much a single person gives towards the final goal, they will only count as one person in the participation statistics.

So my challenge to all is twofold but simple. Let your commitment to our team lead you to contribute something, and let your commitment to Airmen in need determine the amount you give.

Together, we'll show our "commitment to caring."

# Whiteman youth receive

# Congressional awards

By Meladee Bay

509th Services Squadron

Congressman Ike Skelton and Col. Eric Single, 509th Bomb Wing vice commander, presented Congressional Awards gold, silver and bronze medals to three Whiteman members at the community activities center Sunday.

Senior Airman Joseph Nelson, 509th Aircraft Maintenance Squadron, and Brandon and Samantha Wielert, son and daughter of retired Master Sgt. James and Teresa Wielert, received the highest honor bestowed upon America's young people for their service to others, initiative and achievement.

Airman Nelson, Brandon and Samantha are among more than 6,500 Congres-

### **Fast Facts**

- A Congressional Award is open to all young people ages 14-23 in América.
- Individuals who earn this award must set and achieve goals in four program areas: voluntary public service, personal development, physical expedition exploration.
- **■** The only other medal awarded by the United States Congress is the Medal of Honor.

more than 1.5 million volunteer hours performed in community service across America.

Airman Nelson earned the Congressional Award gold medal. He volunteered his time at a variety of community events at Spangdahlem Air Base, Germany.

The events included: helping set up a chess tournament, Christmas parade and

He organized and participated in base chess meetings and tournaments and while deployed found time to organize matches and practice with fellow Airmen.

Airman Nelson also worked to improve his endurance and strength for his physical fitness. Additionally, he was recently deployed as part of Operation Iraqi Freedom.

Through his deployment experiences, Airman Nelson learned about a foreign culture, environment, food and language.

"Being in the Congressional Award program I have bettered myself in many wavs," he said.

Brandon earned the Congressional Award silver medal. He participated in a variety of activities that bettered his community and himself, which included volunteering of his time to the local library, where he assisted the librarians and also helped aid a first grade class.

For personal development, Brandon set and accomplished a goal to place at the Missouri State Wrestling Champi-

In conjunction with his personal



Senior Airman Joseph Nelson, 509th Aircraft Maintenance Squadron, received the Congressional Award gold

muscle mass by ten pounds.

Photos by Tech. Sqt. Joan Anderson-Brown

Brandon, son of retired Master Sgt. James and Teresa Wielert, received the Congressional Award silver medal.

Samantha, daughter of retired Master Sgt. James and Teresa Wielert, received the Congressional Award bronze medal.

development goal, Brandon also created tournament and volunteering at the elementary school and the Missouri Veterans Home in Warrensburg.

For her personal development, Samantha set a goal of maintaining her status on the honor roll, which she achieved. Samantha also played on the varsity volleyball team to improve her overall physical fitness.

To gain a better appreciation of nature and her surroundings, Samantha planned and executed a three-day trip to the

"I have learned that volunteering can be a lot of fun," Samantha said.



medal.

a weekly workout plan that reduced his

body fat by two percent and increased his

various campsites throughout Missouri

where he learned about the environment.

Award bronze medal. She volunteered

her time to various causes and activities

around the Warrensburg community and

ing put together the base haunted house,

organizing a local high school wrestling

Some of her activities included; help-

For his expedition, Brandon explored

Samantha earned the Congressional

# Thrift shop: Great way to help community

By Amy Allen and Cindy Johnson Thrift shop volunteers

Finally, the time of the year my husband looks forward to . . . no, it's not the Super Bowl.

It's time for spring cleaning. We have lived at Whiteman for six years now and with each passing year we seem to accumulate more stuff.

This year, we have made a resolution to de-clutter. In the past we have tried garage sales with a little luck; however, this year we have enlisted the help of the Whiteman Thrift Shop where we are also volunteers.

The thrift shop is a resale outlet, with affordable prices, for new and gently used clothing, shoes, handbags, suitcases, dishes, small kitchen appliances, electronics, books, arts and craft supplies, toys, baby items and much more.

We take consignments, where you take home 75 percent of the profit payable the 10th of each month, as well as donated items that are **clean** and in good shape.

Please keep this in mind if you drop off donations. Only leave quality merchandise that you think might be worthwhile or a "treasure" to whoever might purchase what you have left behind.

The thrift shop's hours of operation are 10 a.m.-2 p.m. Tuesday and Friday except for the month of July for annual cleanup and to give our volunteers a much needed break.



Photo by Staff Sgt. Rob Hazelett

Ethel Clanin, a thrift store volunteer since 1992, inspects items dropped off at the thrift store collection point. Once items are rounded up, they are taken into the store where they are prepared for reselling. Customers are reminded that only items that have selling value should be dropped off.

With the exception of our manager and bookkeeper, the Thrift Shop is run by volunteers from the Whiteman Enlisted Spouse's Club and the Whiteman Officers' Spouses' Club.

Child care is paid for and all profits go to charities and scholarships

for the enrichment of lives at Whiteman and the surrounding communi-

Stop by and see us. Whether you are coming in to shop, to consign items, or to volunteer, we'd be happy to help you and answer whatever questions you might have.



a photo of that person.



# Remember...

"Do not discuss classified information on unsecured telephones. Official Department of Defense telephones are subject to monitoring for communications security purposes at all times."

-509th Communications Squadron Wing Information Assurance Office, 687-5011.

# America's Air Force **Cross into the Blue**



# **Sergeant Airmen says:**

According to military tradition the bugle call "TAPS" is played at the end of the day to have all unauthorized lights extinguished. It is also played at military funerals. When sounded at the end of the day, 9 pm at Whiteman, there is no requirement to stop, stand at attention or salute.



# **Celebrating Black History Month**

February is Black History Month—an annual celebration that has existed since 1926. But what are the origins of Black History Month?

Much of the credit can go to Harvard scholar Dr. Carter G. Woodson, who was determined to bring black history into the mainstream public arena. Woodson devoted his life to making "the world see the Negro as a participant rather than as a lay figure in history."

In 1926 Woodson organized the first annual Negro History Week, which took place during the second week of February. Woodson chose this date to coincide with the birthdays of Frederick Douglass and Abraham Lincoln — two men who had greatly impacted the black population.

Over time, Negro History Week evolved into the Black History Month that we know today—a four-week long celebration of African-American history.

The following are questions relating to African-American inventors and other prominent citizens. The first person to e-mail the correct answer for every question to erin.winder@whiteman.af.mil will receive a free ticket to the Whiteman African American History Committee.

### "WHO INVENTED" Questions

- 1. Who invented the window cleaner and in what year?
- 2. Who invented the heating furnace and in what year?
- 3. Who invented the cigarette roller and in what year?
- 4. Who invented the lemon squeezer and in what year?
- 5. Who invented the combined furrow opener and stalk-knocker and in what year?
- 6. Who invented peanut butter and in what year?
- 7. Who is and what was Richard Spikes' contribution to this country?
- 8. Who invented the gas mask and in what year?
- 9. Who invented the cellular phone and in what year?
- 10. Who improved military guns and vending machines in the year 1919?
- 11. Who invented the toilet and in what year?

### "WHO SAID" Questions

- 1. Who said "Man, if you gotta ask, you'll never know?"
- 2. Who said "Racism is not an excuse to not do the best you can?"

## Whiteman AAHC to host luncheon

The Whiteman African American History Committee will host a luncheon 11:30 a.m. -1 p.m. Feb. 23 at Mission's End. For more information or to purchase tickets, call Staff Sgt. Kenneethia Kennard, 509th Bomb Wing, at 687-5737.

- 3. Who said "Life is short, and it's up to you to make it sweet?"
- 4. Who said "I used to want the words 'She tried' on my tombstone. Now I want 'She did it?""
- 5. Who said "Our nation is a rainbow red, yellow, brown, black and white and we're all precious in God's sight?"
- 6. Who said "I can accept failure. Everyone fails at something. But I can't accept not trying?" (Courtesy of the Whiteman AAHC)



# By Capt. Sara Hogge

509th Medical Operations Squadron

There are so many products on the market, how do you know which are the best for your family? When should your child start brushing and flossing on their own?

This article will cover various dental aids and hygiene

tips to keep smiles happy and healthy.

When purchasing any dental product, look for the American Dental Association seal. Products with this seal of approval are put through rigorous testing to assure product safety and effectiveness.

If a product has the seal, then what they advertise has

been proven to be true.

Toothbrush and toothpaste choices can be overwhelming. Make sure to get a soft or extra-soft brush, because anything harder is too harsh. The best toothpastes contain fluoride and are non-abrasive. Fluoridated toothpastes help to make teeth stronger and prevent cavities.

Avoid whitening or bleaching toothpastes since they are abrasive and often contain additional chemicals that can

cause irritation to gum tissues.

Until the age of about six, children are not able to adequately spit. They often swallow the toothpaste they use, especially if it's flavored. Barely moisten the bristles of your child's toothbrush with any toothpaste to minimize the amount they ingest.

Avoid mouth rinses with alcohol. ACT mouth rinse is a supplemental fluoride that is often recommended for chil-

dren with braces or cavities.

It can be helpful to prevent new cavities from forming, but be sure that your child is old enough to spit the mouth rinse out.

Children usually like to start brushing their own teeth around age three. This is an important sign of independence but they do not gain the dexterity to do a good job until the age of six. Parents should allow their children to brush their own teeth, but then follow-up to get the more difficult areas to reach.

Flossing should become a part of a child's daily routine when the back teeth begin to touch. At this point, brushing cannot clean in between the teeth and floss is needed to remove the harmful bacteria that build up every day.

Various floss aids are available for small children to make this task more fun and exciting for them.

With so many dental products to choose from, make smart choices with your oral health care aids. Look for the ADA seal, soft toothbrushes and toothpastes with fluoride.

Help your children brush and floss until at least age six, and monitor how much toothpaste they use to minimize the amount they swallow.

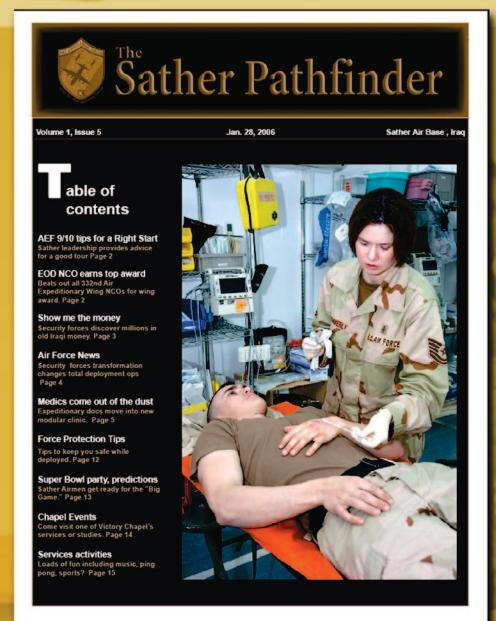
# **Fast Facts**

The American Dental Association recommends the following for good oral hygiene:

Brush teeth twice a day.

- Clean between teeth daily with floss or an interdental cleaner. Decay-causing bacteria still linger between teeth where toothbrush bristles can't reach.
- Eat a balanced diet and limit betweenmeal snacks.
- Visit your dentist regularly for professional cleanings and oral exams.

# eadines eploued



Whiteman currently has more than 300 Airmen deployed in support of Operations Enduring and Iraqi Freedom. At many deployed locations, base newspapers are produced weekly to provide news and information for deployed members. Family members can view these newspapers online by visiting the following Web site: http://www.af.mil/library/newspapers.asp.



Deployed newspapers available on the Web

realid Ali Base, Iraq Ali Times

Aviano AB, Italy Expedition Air

Baghdad IAP, Iraq

Sather Pathfinder

Bagram AB, Afghanistan Bagram Bullet and

Balad AB, Iraq Red Tail Flyer

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HTTP://WWW.AF.MIL/LIBRARY/NEWSPAPERS.ASP

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# 774th EAS delivers

# Security forces support fly-away missions



# Team Whiteman Community

# **ALS class graduation**

The Whiteman Airman Leadership School class 06-C's graduation will be Thursday at Mission's End.

Social time begins at 5:30 p.m., followed by the graduation ceremony at 6 p.m. The guest speaker will be 8th Air Force Command Chief Master Sgt. Michael Sullivan.

The graduation meal will be lasagna. The cost is \$15.95 for members and \$17.95 for non-members.

The uniform will be mess dress/semi-formal for military, and coat and tie for civilians. See a member of class 06-C to sign up.

# **WESC to host Mardi Gras party**

The Whiteman Enlisted Spouses Club is hosting a Mardi Gras party 7 p.m. Feb. 25 at Mission's End.

The event will include hor d'ourves, a disk jockey, door prizes, and prizes for best float and costume. Tickets are \$10 per person.

For more information, call Nikki Traylor at 563-2111.

# **Family Support**

Call 687-7132 for more details on these family support center activities.

### Airmen's attic closure

The Airmen's Attic will be closed 10 a.m.-2 p.m. Feb. 17 and 20. The Airmen's Attic will then resume normal hours, which are 10 a.m. - 2 p.m. Monday, Wednesday and Friday.

# **WIC representative visits base**

A WIC representative is available beginning at 8:30 a.m. Tuesday and Thursday. WIC includes nutrition education, health promotion and a supplemental food program to

help women, infants and children who have nutritional needs. For more details, call the WIC office in Warrensburg at 747-2012.

# **Pre-retirement briefing set**

A pre-retirement briefing for people retiring from the military begins at 8 a.m. Monday. For more information, call the military personnel flight at 687-1500 or 687-6720.

# **Pre-deployment briefing set**

A mandatory pre-deployment briefing for people who are deploying or going on a temporary duty assignment for more than 30 days begins at 1 p.m. Wednesday. Spouses are encouraged to attend.

### **Class helps with move**

A mandatory smooth move seminar for people planning to move stateside in the near future begins at 1 p.m. Thursday. Facilitators will discuss the financial benefits associated with moving and provide a variety of useful resources. PCS orders are not necessary. Spouses are encouraged to attend. Reservations are required.

# **CROSSWORD**

# **AIR FORCE 101: Core values**

# By Capt. Tony Wickman

# 71st Flying Training Wing Public Affairs

### **ACROSS**

- 1. Church bench
- 4. Obese
- 7. JDs, possibly
- 10. Mocks
- 12. One time Supreme Court nominee Harriet
- ioiiiiiee namei
- 14. Shingle
- 15. Badger 16. Pushes
- 17. Wickedness
- 18. Wearing away
- 20. Readily
- 21. Sounds off
- 22. St. home to Arnold AFB
- 23. Reversed



Feb. 3 answers

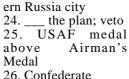
### 26. Adores

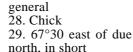
- 27. Compact \_\_\_\_ 28. Capital of state home to
- Malmstrom AFB
  31. Start of fundamental value
- binding all Airmen
- 37. Hit
- 38. Joy
- 39. Perpendicular
- 41. Uplands 42. Fishhook
- 43. Overindulge
- 46. -war
- 47. Start of fundamental value binding all Airmen
- 51. Celebrity
- 52. More terrible consequences
- 53. Slant
- 55. Actress Russo
- 56. Ratio
- 57. Dorothy's pet 58. "Greater good" ad
- 59. Modem speed, in short
- 60. Trespass

### DOWN

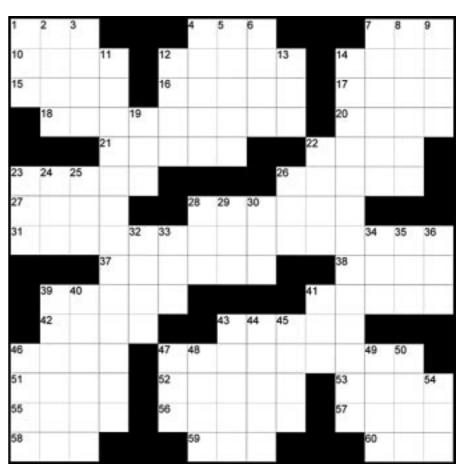
- 1. Golf score
- 2. Historic
- 3. End of 31 ACROSS
- 4. End of 47 ACROSS
- 5. Navy cruiser
- 6. Palm product
- 7. Holy
- 8. 1986 Sci-Fi movie

# 9. End of 11 DOWN 11. Start of fundamental value binding all Airmen 12. Elementary particle 13. Mil. identifier 14. Pat Robertson or Jimmy Swaggart 19. Primary color 22. Singer Braxton 23. Ulan-\_\_\_; South-





- 30. Display panel 32. Page 33. On the ;
- escaping 34. USAF PME
- 35. Grassland
- 36. Mil. pay statement
- 39. Impure quartz stones
- 40. Fruit
- 41. Russian space station 43. Belt



- 44. Shrugs off
- 45. Shrek
- 46. Car lot price, in short 47. CACs
- 48. Cut
- 49. Boxing outcomes
- 50. Abominable snowman 54. Korean currency

and Goddard - 15-9, 11-15 and 15-12.

# **SPORTS SHORTS**

# On base

# Racquetball tourney

Thirteen individuals and five doubles teams took part in a racquetball tournament Tuesday-Thursday at the base fitness center.

Robert Goddard, 509th Maintenance Group took the singles' title with a forfeit win over Pedro Canabal, 509th Bomb Wing.

509th Bomb Wing.

In doubles' action it was Len Filla, a retiree, and Chris Klaiber, 509th BW teaming up to defeat Canabal

### **Basketball tournament**

The base fitness center will host a 3-on-3 March Madness basketball tournament from 11 a.m. to 1 p.m. March 14-17 in the Eagle Gym. Sign up at the fitness center by March 10

# Off base

### -----Wrestling

The Knob Noster Panthers varsity wrestling squad geared up for the upcoming district tournament by blast-

ing five straight opponents at the Lexington Dual Tourney Saturday.

Scores included a 69-9 blasting of Butler; a 66-5 waxing of Warsaw; a 48-24 crushing of Clinton; a 42-24 trouncing of Trenton and a 41-33 bouncing of Brook-

field.

The Panthers, ranked sixth in the state, hit the mat again Saturday at the district tournament in Warsaw. Knob Noster features four of the state's top wrestlers.

Knob Noster features four of the state's top wrestlers. Kirk Luzano is the top-ranked wrestler at 103 pounds in Class 1.Quincy Hawkins, ranked 5th is the favorite at 119 pounds.

Derek Thorsen, is ranked 5th at 125 pounds and Cole Miller, is 5th at 152 pounds.



Photo by Senior Airman Ryan Wilson

Ron Clark, 442nd Fighter Wing, (left) fouls Robert Schlatweiler, 509th Logistics Readiness Squadron, during the Over-30 intramural basketball championship Wednesday at the fitness center.

# Changing of the 'Old guard'

By Tech. Sgt. Matt Summers
Public Affairs

The 509th Logistics Readiness Squadron's mini-version of Shaquille O'Neal came through in the clutch.

"He couldn't hit a free throw all year," said LRS coach Roger Strom in reference to guard Robert Schlatweiler. "But he made them when it counted today."

Schlatweiler went 7-10 from the charity stripe and scored 15 points to lead LRS to a 45-40 win over the three-time defending champion 442nd Fighter Wing in the Over-30 intramural basketball championship Wednesday at the fitness center.

"It's about time somebody else won around here," quipped the 442nd's Ron Clark.

"It was a lot more fun winning championships than taking second," added 442nd coach Carl Clark.

Point guard Robert Austin led LRS in scoring with 18 points. Steve Luke led the 442nd charge with 15, while Kellie Askew and

Mark Ernewein netted 10 apiece.

LRS found itself trailing 14-11 with eight minutes remaining in the first half, when Austin decided to take matters into his own hands. He began an 8-5 run with a three-pointer, then hit two fadeaway jumpers sandwiched around baseline jumper from Jamie Foster, to push LRS into its third lead of the game at 20-19 with 40 seconds remaining in the half.

The lead was short lived, however, as Luke was fouled with 10 seconds left and sank two free tosses to give the 442nd a 21-20 halftime lead.

Leading 30-26 heading into the fourth quarter, LRS stepped it up on the offensive end, using a three-pointer and a fast-break bucket from Austin to sprint to 39-29 lead with seven minutes remaining, forcing the 442nd into a timeout.

The breather worked, as the 442nd scored nine unanswered points in a three-minute span to close the gap to 39-38 with 3:44 remaining.

Trailing 41-40 with 47 sec-

onds remaining, Askew was sent to the line to shoot two when he was fouled on a stickback attempt. The pressure got to him as he missed both tosses.

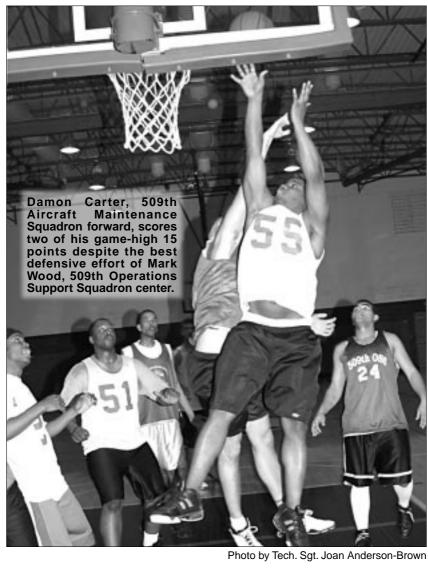
The 442nd had one final chance as they went inside to Ernewein with 20 seconds remaining. Hounded by three LRS defenders, his baseline jumper came up short to seal the LRS win.

"It was a team effort," said coach Strom. "The other team even asked if we had done extra defensive drills for this game."

"We just keep getting older and they keep bringing in fresh people." said coach Clark.

Other members of the championship team include: Carlos Camarillo, Byron Curry, Shawn Groder, Billy Hastings, Chad Kraus, Brian McGee, Robert Messier, Michael Mickens, Terrence Oglesby, Kamarudini Raimi, Wes Rincker and Troy Stanton.

Other members of the 442nd include: John Bazle, Rik Davis, Steve Miller, Mark Mock and Jim Rice.



# pa

# **OSS** grounds **AMXS** to take intramural crown

By Tech. Sgt. Matt Summers 509th Bomb Wing Public Affairs

When the clock struck 6:30 p.m. Wednesday, the 509th Aircraft Maintenance Squadron's Cinderella-run through the intramural basketball playoffs was through. The only problem? The 509th Operations Support Squadron tripped up its dance partner, 51-42, in the championship game to take the intramural title.

"We lost a lot of players throughout the season and didn't expect to make it this far," said AMXS coach Jamaar Shivers, who normally leads the team in scoring, but sacrificed himself in the finale to coach from the sidelines. "I do what I have to do to make the team happy.

AMXS finished the regular season in sixth place, good enough for only a sixth seed in the tournament. The squad upset the third-seeded 509th Communications Squadron, 55-51, to open the tourney and followed with a convincing 57-48 win over the eighth-seeded 509th Civil Engi-

neer Squadron. But, the team's luck ran out when they

ran into the well-oiled machine of OSS. "We started to gel toward the end of the season and had good chemistry," said coach Myron Deberry. "Everything just came together for us during the tourna-

ment." Balanced scoring was key to the OSS win, with three players in double figures. Ty Anderson and Curtis Williams led the way with 13 points apiece, while Mark

Wood netted 10. AMXS' Damon Carter led all scorers with 15, while Dominique

Nevers chipped in 10. Turnovers were key to a slow start for AMXS, as OSS converted on the miscues

to take an 11-7 lead after one quarter. The sloppy passing continued well into the second quarter and OSS had AMXS on the ropes at 20-13 with 2:23 remaining in

the half. AMXS used a timeout to settle down and then exploded for a 6-0 run in the last two minutes to trail by only one at the half. A three-pointer by Douglas Doniel sparked the rally and gave AMXS the

momentum. A determined OSS squad turned the tide with a 13-4 run to open the third quarter. Anderson scored six during the spurt, including a defensive rebound turned into

a coast-to-coast bucket. AMXS closed the gap to three at 45-42 on back-to-back three-pointers from Carter. The gap remained the same until the final minute of play. AMXS' long-range attempts to tie the score fell short, while OSS hit six straight free tosses to

seal the win. Other members of the winning squad include: Christopher Alexander, Robin Christie, Aaron Ford, Steven Hawkins, Chris Royal, Jesse Sanchez and Donita

Other members of AMXS include: Brad Boyd, Don Davison, Xavier Durham, Markel Hill, Kallven Morgan, Kevin Washington and Ben Weisensel.



Services Page editor......Poppy Arthurton 509th Services Squadron......687-7929 \*No federal endorsement of mentioned sponsors intended.

# **Sports & Recreation**

# Fitness Center 687-5496

#### Fitness assessments

Fitness assessments are back. "Three Steps to your Success" is a three-step process which covers initial assessment, equipment orientation, and physical fitness program. Call the fitness center to schedule an appointment.

## New spinning class

An additional spinning class has been scheduled for 6 a.m. Monday mornings at the fitness center.

## Climb to the top

Join the new fitness center incentive program - Climb to the Top. Pick up a log book from the fitness center and keep track of your miles on any of the cardio machines to work your way up the top 100 mountains.

# Outdoor Recreation 687-5565

### Free skiing

Free ski and lift pass for active duty pass holders and discounted rates for dependents or other military classifications, Feb. 16 and 22. at Snow Creek Resort. Outdoor recreation will provide transportation Feb 16 and 22. The shuttle costs \$5 per person or \$15 for a family of four. Call outdoor recreation for more details or to sign up.

## Special rental offer

Club members should pick up their February club coupons for a \$10 savings on chainsaw rental when renting a log splitter for one day from outdoor recreation. See club cashier for coupons.

# Food & Fun

### Royal Oaks 687-5573

### Valentine's at the steak house

The Royal Oaks Steak House is the perfect place for a romantic Valentine's meal this weekend. Open 5-8 p.m. Friday and Saturday, the Steak House has a great selection of steaks, prime rib and chicken.



# Mission's End 687-4422

### Karaoke night

Free karaoke 9 p.m.-1 a.m. tonight and Feb. 24 in the Lavene Lounge at Mission's End.

### Cowboy buffet and country night

Enjoy a western cowboy feast, 5-8 p.m. Feb. 18 at Mission's End. Pile your plate with steak, chicken, jalapeno poppers, baked beans, corn bread and fruit cobbler. Cost is \$12.95 for members, \$14.95 for nonmembers, and then two-step into the ballroom for free music and line dancing lessons until midnight.

### Prime rib buffet

Savor a Mission's End speciality, slow roasted prime rib with all the trimmings, 5-8 p.m. Feb. 24. \$12.95 for members, \$14.85 for nonmembers.

### The state of the s **Movie Schedule** Friday 7 p.m. R Munich Starring-Eric Bana and Daniel Craig The Ringer 3 p.m. PG-13 Starring-Johnny Knoxville and Brian Cox **Sunday** Fun with Dick and Jane 5 p.m. PG-13 Starring-Jim Carrey and Tea Leoni Adults: \$3.50 Children: \$1.75 Movie Recording Line: 687-5110 Movies subject to change due to availability. The state of the s

# **Community Activities**

# **Arts and Crafts Center** 687-5691

# Frame sale

All custom frame moldings are 25 percent off throughout February.

# **Rock painting**

Create fun and beautiful ornaments by transforming a rock into a sleeping raccoon or a fluffy squirrel with this two-session class, 4:30-6:30 p.m. Feb. 21 and 28. The class and supplies cost \$15 and sign up closes at noon Feb. 20.

# Framing class

Save money on framing by mastering the skills yourself. Bring a 5 x 7 inch photo to the class 5-8 p.m. Feb. 22 and learn how to cut mat, join a frame and assemble the final product. The class costs \$25, which includes supplies.

# Community Center 687-5617

### Colors and shapes

Children aged 5-10 are invited to create a masterpiece using colors, shapes and lines, just in time for Valentine's day. The event takes place 2-3:30 p.m. Saturday at the community center and costs \$1.

## **Table tennis tournament**

The community center is hosting a table tennis tournament starting at 1 p.m. Feb. 18. Everyone is welcome to play, there will be prizes for the winners and light refreshments will be served.

# Colossal cookie challenge

Got a great cookie recipe? Enter a dozen of your finest baked treats in the annual Air Force wide cookie challenge at the community center and you could win a topof-the-range culinary accessory. Contact the community center for an entry form and enter your cookies for judging by Tuesday.

## **Tops in Blue**

Tops in Blue's world tour reaches the Mathewson Center, Sedalia, Mo., 7 p.m. Feb. 28. The show is free and transportation to the event will be provided free of charge from the base exchange on a first-come, first-served basis. Call the community center for details.

# **Teen Center** 687-5819

## Missoula youth performing arts camp

Budding thespians, singers or dancers should apply for a free week-long camp in Missoula, Mont., July 15-22 or 22-29. Contact the teen center for an application form and submit this, along with an audition tape, no later than Wednesday.

## **Smart Moves**

Teens are encouraged to attend the Smart Moves program which concentrates on dealing with risk behaviors and peer pressure in relation to friendship and dating. The next session is 6-7 p.m. Feb. 24 at the teen center and is free to members.

# Youth Center 687-5586

### Pre-teen cosmic night

The pre-teen (ages 10-12) scene will meet for a night of cosmic fun, 6-9 p.m. Feb. 18 at the teen center. There will be games with glow-in-the-dark and neon toys, foosball, pool, a movie and computer games. Cost is \$3 for members, \$4 for nonmembers. Sign up starts Monday.

### Ice Chateau

Pre-teen scene is taking a field trip for an afternoon's ice skating at the Ice Chateau in Kansas City, Kan., noon-6 p.m. Feb. 25. Cost is \$14 for members and \$15 for non-members. Sign up starts Monday.

# Family Child Care 687-1180

# **Extended Duty Care**

Register now for the extended duty care program. It is available to help parents meet child care requirements for extra duty and emergencies. Care is provided in a contracted, licensed family child care home to augment regular care arrangements. An application must be completed prior to participation. Call for more details.

# **Child Development Center** 687-5588

# **Drop-in care**

The child development center can provide drop-in child care for 6 weeks to 5 years old on a space available basis for \$3 per hour.

### Parent's night out

The child development center is available to babysit children ages birth-12 years old 6:30-10:30 p.m. Saturday. The cost is \$12. Call for details.

# **Library** 687-5614

# Story time

Story time for pre-schoolers takes place every Wednesday at 10 a.m. and 3-5-year-olds can listen to a story or take part in a craft activity at the library. There is also the library's dial-a-story program with a new story every week. Available 24 hours-a-day by calling 687-

# New titles arriving monthly

The library receives new titles monthly in fiction and nonfiction including the children's collections.

Please visit the library's website to see what's new at www.whitemanafblibrary.org or to access more than 50 databases for your educational, informational or recreational needs. Also view your account online, renew loans or place items on hold.

# Veterinary Clinic 687-2667

# Free dental assessment

Dental disease can lead to serious health problems including heart, lung and kidney disease, which makes it important that owners provide pets with proper dental care. The vet clinic is offering free dental assessments for pets, call for an appointment.